

# Emotional Global Positioning System (EGPS)

20 Shame Despising Miserable Humiliation Depression Powerless	75 Grief Regret Disdain Tragic Despondent Embarrassed	150 Anger Vengeful Hatred Antagonistic Aggressive Rage Obligation	250 Neutral Trust Satisfactory Objective Sufficient Enough Content Calm Bored	350 Acceptance Harmonious Merciful Forgiving Congruent Integrity Honest Honor Unified	540 Joy Complete Oneness Serenity Freedom Transformation
30 Guilt Blame Destructive Evil Vindictive Culpable Disgraced	100 Fear Anxiety Frightened Punishing Withdrawn Rejection Judged Worry	175 Pride Indifferent Demanding Scornful Aggrandizement Frustration Irritation Impatience Pretending Overwhelm Confusion Proving Avoiding	200 Courage Empowered Permitting Affirmed Feasible Realistic Practical Sensible Curious Acceptable	310 Willing Hopeful Inspiring Intentional Optimistic Purposeful Delighted Confidence Cheerful Pleased	400 Reasonable Meaningful Wise Understanding Present Grounded Insight
50 Apathy Despair Condemning Hopeless Unworthy Resignation	125 Desire Disappointed Denying Craving Longing Yearning Doubt Controlled Jealousy Envy				500 Love Reverence Creativity Appreciation Happiness Positive expectation Enthusiasm Belief Eager Faith
					600 Peace Perfection Bliss Illumination

